

NEWSLETTER – 3



SCHOOL PARTNERSHIPS PROJECT

READY FOR OUR LIVES

2015 – 2018



CZECH REP.



ITALY



LATVIA



LITHUANIA



SLOVENIA



PORTUGAL



TURKEY

PARTNERS

**Obchodni Akademie Karvina, s.r.o
KARVINA / CZECH REPUBLIC**

**Istituto A. Volta
NICOSIA / ITALY**

**Riga Secondary Shift School N#9
RIGA / LATVIA**

**Kedainiai Sviesioji Gymnasium
KEDAINIAI / LITHUANIA**

**Srednja Ekonomsko – Poslovna Sola - Koper
KOPER / SLOVENIA**

**Agrupamento de Escolas Alexandre Herculano -
Porto
PORTO / PORTUGAL**

**Özel Adalya Anadolu Lisesi
ANTALYA / TURKEY**



Our School: Obchodní akademie KARVINÁ



Who we are:

Headmistress: Slavka KRYSTOVÁ FLORKOVÁ

Teachers: Martin FROLÍK, Jiří JANÍK, Zdeňka PARCHANSKÁ,
Věra HELLEROVÁ,

Students: Nikola MERKOVÁ, Denisa PIAČKOVÁ, Hana HODULÍKOVÁ,
Adéla DESSEWFY, Monika UHLÍKOVÁ, Kristýna
ZAHATLANOVÁ, Lukáš LUKŠ, David NASTULCZYK, Natálie
ŠIMOVÁ, Alexandr BÍLEK, Barbora ŠTĚRBOVÁ, Marek
MORAVEC, Nela SMIGOVÁ, Aneta KNEISLOVÁ, Radka
DEBNÁROVÁ, Valerie MATUSZKOVÁ, Dominik IVAN,
Gabriela TOMKOVÁ, Sabina SUCHANKOVÁ a Dominika
VÁCLAVÍKOVÁ.



Our activities:

April - we prepared all necessary presentations and other project work for the meeting in Antalya. Our team participated in the 2nd mobility in Turkey (Antalya). After arrival back with updated the project website, school website, facebook page and informed other students and teachers about the meeting in Antalya.

May, June – we continued in dissemination of the project results, updated project noticeboard at school and started working on the team for the next meeting. We also created our local output, the 3rd e-magazine and published it on the project website and facebook.

MEETING IN ANTALYA

Erasmus+ 2ND MOBILITY IN TURKEY Erasmus+



Project work (p.2) A trip to history (p.3) Excursions (p.4)

Interested? Follow our web and facebook. DID YOU KNOW? The Ready for our lives project is still active in the published web site in english, french and czech.

PROJECT WORK

The first topic of the meeting in Antalya was Job interviews and Writing CV. Before the meeting about half of the students of our school, all students participated in the meeting and answered the questionnaire. Among them there were 11 students of the first year, 17 students of the third year and 17 students of the fourth year.

The questionnaire consisted of questions like "What type of job interviews are you familiar with?", "Is it important what company you have on the interview?", "What do the interviewers do you find the most important? The one questions about dress code, introduction in CV etc. The students also tried to find links among job work profiles. And after writing the answers we can see that the first condition on introduction and link, but on the other hand not money and they also the questionnaire was prepared in electronic form everybody could also improve their CV skills. And there are also necessary materials.

Those going in Antalya are involved not a personal presentation of the results of the meeting. Alexander presented what we found out through the questionnaire.

We also prepared for the day at historical Antalya, we discussed what we bring to work and we discussed our results in terms of our favorite things we got to know. The same idea thinking of getting ideas on getting help but it would take a lot of time so we decided to be the different way over the time.



FORWARD IN ANTALYA

Students who do try for exploring the most interesting places in Antalya. We met Gökçe upon the morning at the hotel having met after a long history session in the afternoon we took a bus to Kalkan. The old town where we passed through the children's gate and walked to the old street along the walls in the center of Kalkan by evening. The afternoon we took a taxi to Antalya. Today in Antalya we had many interesting and educational, but we really enjoyed that. We want come back!



Welcome to Antalya!



The first topic for the meeting in Turkey was made just from main participants, two teachers - Alexander, Lukas and the hosts and two students - Lukas, Lukas and Alexander, Lukas.

- At the meeting in Antalya we:
- learned our personal presentation about job interviews in the Czech Republic
 - prepared our CVs in the program
 - learned our personal presentation on each other in the afternoon
 - prepared some cultural tasks for the evening of music, cinema
 - did a lot of comparisons in Antalya
 - learned about Antalya and other places
 - had our meeting with the representatives
 - learned about Antalya culture and history
 - visited the mosque
 - found out the links from Antalya to our country

Interested? Follow our web and facebook. DID YOU KNOW? The camera looked at a sea from the boat, as a wind got in the middle and so it drove from the boat. She followed the water's road.

Turkey is a very beautiful country with rich history and amazing culture. And our teachers and students have already had lots of opportunities to explore many beautiful places of interest of the country. One of our students, Lukáš, and his family went to Antalya, Turkey, during the summer holidays. They went with their parents and during their voyage to Antalya they saw the remains of an ancient city hidden under the ruins of the Mediterranean sea. They saw many...



The students and teachers had a very interesting and educational trip to Antalya. They visited many historical sites and learned about the rich history of the region. They also enjoyed the beautiful views and the warm weather.

The main topic of the presentation was the voyage and the city which was built on the cliff. The city was very old and the buildings were made of stone. The city was very beautiful and the views were amazing. They also saw many historical sites and learned about the rich history of the region.



During the trip, the students and teachers had many interesting experiences. They visited many historical sites and learned about the rich history of the region. They also enjoyed the beautiful views and the warm weather.

TOGETHER IN PROJECTS SINCE 2004



This annual multi-country cooperation between the Czech and Turkish partners started twelve years ago. Turkey, Slovakia, Poland, Czech Republic and Turkey. People met for the first time in the Erasmus project. They met in the Erasmus school together with their friends from other schools, like Poland and Slovakia (Lukas), and since the very first meeting in a wonderful town of Antalya. They have been on many meetings within Erasmus, Turkey and Turkey in the Erasmus project.



ITALY 2004



CZECH REPUBLIC 2008

Interested? Follow our web and facebook. DID YOU KNOW? The camera looked at a sea from the boat, as a wind got in the middle and so it drove from the boat. She followed the water's road.



The Ready for our lives project deals with the topics of unemployment of young people and success in the labor market and other job related matters. However, it is important to know more about the labor market itself, through visits to companies and firms of different types. During the first meeting in Antalya we had a chance to see the activities of the Erasmus project in Turkey and to see the activities of the Erasmus project in Turkey.

EXCURSIONS



One of the excursions during the second meeting was a visit to the Antalya Zoo. We saw many different animals and learned about their care and the zoo's activities.

The second excursion took us to the CANAL company near Antalya. And finally we got to the Antalya Chamber of Commerce where we could search for knowledge regarding business.

By Martin Pöhl

AT THE TOWN HALL



www.ready-for-our-lives.webnode.cz www.facebook.com/readyforourlives www.readyforourlives.blogspot.com

KOPPER

We completed the activities of the first year of the project and now it is time to look ahead. We will start again with the Erasmus project, because it is so important for us. We will start working on our own projects and we will see how it goes. We will start working on our own projects and we will see how it goes.



FOUNDER: Martin Pöhl. The project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use of the information.

Our students Alexander and Lukas, who participated in the meeting in Antalya, wrote their narrations and we published everything on the project website. Here you can read how they evaluated their stay in Turkey or they weekend programme:

„The trip to Turkey was amazing! I met lots of new friends I communicate till now, I met another family who helped me in all problems.

I got to know a new culture. It is absolutely different as ours. They have different food, eat only sharp for breakfast after a mostly fruit, toast or baked with meat, cheese. I really liked the food, even I could say that for lunch I ate even more than here, in the home country (I'm a picky person ☹)

I learned about a new country for me, and I gotta say that they have much more beautiful countryside than we do, and not just because of that they are only rained once in 5 days we were there. Historical monuments complement the beauty of nature, they have beautiful sea.

I saw a lot of interesting places. We've been in newspaper office for example, we were at the Museum of myths and legends, we were on a boat, we sailed on the sea and saw lots of boats, monuments and ancient cities.

The journey to Turkey has changed me a lot. I began to look differently at the sight of what I have at home and concentrate more on family, I began to communicate more with them, to travel, to help them. I want to thank Erasmus+ for the opportunity to see the new landscape, meet new people, experience a new nature, seeing new places and most importantly, change, and even get better in English. Thank you all for that wonderful trip“.

Akexandr Bílek

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„The program on Saturday was sightseeing-traditional Turkish breakfast we went into Phaselisu, passage of vessels around the Kekova and then we went by bus to the rock tombs in Myra which was very delightful to Demre and the night hike for chimeras on Mt, Olympos. On Sunday we went with his family to the falls, shopping and theme park, which was full of attractions, and therefore this day, family day, " was my favourite“.

Lukáš Lukš

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The first year of our project is over and **we are looking forward to meeting everybody again in Koper in October!**

Martin Frolík
coordinator of the „Ready for our lives“ project



Our School: Riga Secondary Shift School N#9

ERASMUS +



Nr. 3

June, 2016

READY FOR OUR LIVES – GATAVI SAVAI DZĪVEI

Local activities:



- **Visiting local business companies**
- **Running a small business – Raunas ceplis, Laureta candles**
- **Bossing – workshop**

RAUNA'S KILN- HAVE TO WORK

On April 29th teachers and students went on excursion to study more about Latvian entrepreneurs outside of Riga city. This time city called Cesis and Rauna were chosen to visit. The aim was to find out – whether it is easy to be an entrepreneur in a village, or how hard it can be to make money in the small business.



According to the aim Raunas ceplis, or Rauna's kiln was attended. The company deals with clay products, digs clay and makes plates, dishes, mugs, medals, pots, bowls and makes all kind of individual orders.

If a person wants you can buy clay which is dug in the area. The owner of a company told that they don't have many employees but all work is done with high responsibility and accuracy that is why there is plenty of work. The main recognition is – money and work will always remain if a person has the will to work.

In the company the clients are always being served with high respect and all preferences accomplished. In Cesis, another city of Latvia we visited the

company, which is engaged in candle-wax casting of rape-eth candles. They also offer a variety of aromatic products from rape seed wax. As well as take individual orders, thus expanding the possibility of attracting customers. Because, modern eopleare demanding the iron well-wishes to express ideas, to create something new, and the operator must be found such an opportunity, if they wish to appeal to the customer.

Here, too, the company explained that nothing is impossible; it is only to be large will, patience and conviction about what they do.

And it must be understood that there will be also a failure, but they should be seen as a lesson to be learned in order to further and work better.

Overall, the students and teachers were very happy to see and hear. He understood and confirmed that to be an entrepreneur is certainly not easy. But it is not impossible. And they all came to the conclusion that the people outside the capital can work successfully, there is only want and need to do!

○ Information prepared by the teacher Santa Berzina

DROGAS – EXPECTATIONS AND INTERESTS HAVE TO BE!



On the April 4th, Riga Night Shift School N # 9 students during the career days went on field trips to AS Drogas. The aim of the visit was to provide information to students about different companies, their offers and career opportunities. The reception was very nice; there was a feeling that we are

welcome. Pupils had the opportunity in a nice, cozy conference hall to enjoy tea or coffee and listen to the company's employees in the information provide don AS Drogas. Students were introduced to the company's AS Drogas history, offer career opportunities. The pupils had the opportunity to ask questions you are interested. This was a great opportunity to think about their future lives and careers AS Drogas. One thing is certain in order to build a successful career, have an interest in the chosen profession and have a lot to learn. After hearing information from the students took part in a small contest, which was able to win gifts. Our pupil Katija Berngardei managed to correctly answer the question and win a valuable prize. Schoolgirl has won a variety of perfumes. The other students were neglected, and everyone who had arrived, it was a gift, a small gift. The pupils had the opportunity to look at the operation of one of the shops Drogas Riga.

WORKSHOP – BOSSING IN THE JOB !

By the end of May, a seminar - discussion about bossing took place in our school. Aim was to educate students to question why it is important to know what emotional or physical violence is in the workplace, as it gets and what to do bossing victims, where you can turn to for help? What is the current situation in the workplace Latvian?

Pupils were also given time to 'think aloud' and worksheet where to express their views on the bossing. By completing the worksheet, students discussed what they thought, is bossing as well as students shared their life experiences and the experiences they have heard from their acquaintances, friends and parents.

After a "brainstorming" and discussions, students were taught and presented what bossing, effects and possible solution options. The students were given the task to figure out two or three situations, which are described in bossing signs and possible solution options. It was examined whether the information obtained from the students are perceived and understood.

*Information prepared by teacher Jana Strautmane and Anna Buņetova



Rīgas 9. vakara (maiņu) vidusskola
RigaSecondaryNightShiftSchool #9

www.r9vmvsk.edu.lv



SREDNJA EKONOMSKO-POSLOVNA ŠOLA KOPER **SECONDARY ECONOMIC AND BUSINESS SCHOOL KOPER**

The project team

Teachers: Nataša Jerman, Nataša Vrčon Tratar, Tanja Skok

Students: Denis Ferhatović, Maša Batagelj Pinterič, Zala Vidic, Katarina Božiči, Kaja Ličen, Arnisa Hohxa, Tal Omčikus, Valerija Lyubchyk, Žan Štefančič, Eneja Ugrin, Vivian Kozjak, Anja Segulin, Lara Vukelić and others.

1. PROMOTIONAL ACTIVITIES

DISSEMINATION OF THE PROJECT ANDERASMUS+ CORNER

We posted an article and photos about the second meeting in Turkey on the school website. There you can also find the links to our short films about the meeting in Portugal and about the project's second theme: job interviews. We also presented our experience from Antalya and the short films to the classmates of Tal and Anja as well as to all the students involved in the project. We also updated our Erasmus+ corner with new photos from Antalya.

On May 11, 2016, our school celebrated its 60th anniversary and a special edition of the school's newsletter was published at this occasion. In the newsletter, all the international projects going on at our school are presented, so of course, also our Erasmus+ project *Ready for our lives* and the project's meetings in Portugal and Turkey are described. The newsletter was





given as a gift to all the people who were invited to the celebration of the anniversary as well as to some students and parents.

2. GETTING EXPERIENCE

“My Company” Fair in Ljubljana

The school companies founded by the third year students from class 3. a EG: CARPE LUX d.d., ČAJ-KO d.d, MuffinDANES d.d, PRAHEC d.d. and their mentor Tanja Skok visited and actively participated at the “My Company” Fair in Ljubljana on May 13, 2016. 40 different school companies from various secondary schools from all over Slovenia took part and presented themselves at the fair.



Our four companies also prepared very nice stalls and successfully their activities and business plans. The company MuffinDANES d.d. won the first prize for the best business plan and the second prize for the advertising and the design of the stall.

Congratulations to all of them!





VISIT TO THE COMPANY »MERKUR TRGOVINA d.d.« in Naklo

A field trip to the company Merkur Trgovina d.d. in Naklo, Slovenia, was organized for the second year students of our school on 7 June, 2016. The company's representatives presented the company's business and took our students on a tour of their biggest warehouse in Slovenia. Merkur Trgovina d.d. is a well-established company in Slovenia that has existed for 12 years and has its shops all over our country, which sell a variety of goods (tools, construction material and products, furniture, household appliances, etc.).



CHARITY EVENT

The four school companies decided to donate the profit they have made this school year to an organisation that helps abandoned cats “Mačja preja”. With the help of Radio Capris they got in contact with the shop Mr. Pet, which doubled the amount of the donated money.



3. WORK ON THEME 3

Writing business plans

The work and achievements of some of our school companies have already been described above. However, also students from classes set up school companies or training companies and they also learned how to write business plans. Even though they did not take part in any competitions, they had to prepare their business plans and present themselves in Slovene and also in English or Italian, which added significantly to their knowledge about business plans and improved their knowledge of business English and Italian. We hope some of the business plans will be presented to the rest of you during the meeting in Koper in October 2016.

Research work on setting up companies and on writing a business plan

The questionnaire about setting up a company and about business plans was transformed in an on-line version and the students had to fill them in. At the moment the results are being analysed.

We have worked quite extensively on this topic throughout the whole school year, and we can proudly say that our students have learned a lot about how to start a company, do business, make profit, how to write a business plan, etc.



Agrupamento de Escolas Alexandre Herculano



Erasmus+



Ready For Our Lives



After returning from Antalya a new step should be taken: **Dissemination of the 2nd meeting**

Students and teachers prepared at AEAH an exhibition to show and give everyone an idea of the activities/workshops carried out during the mobility to Antalya. Varied activities such as: workshops on job interviews, research on discrimination at labour market, results of the survey on Job Interview and CV, national cuisine, companies visits, direct contact with local and regional culture, all this exemplified with photos. As part of this exhibition it should not be left the programme and the report of the meeting, as well.

Students shared their experiences with their colleagues and teachers in an informal meeting.



Exhibition at AEAH

Students, staff, parents and teachers were invited to visualize the placards. Paralell to this exhibition there was a film permanently running on three of the big TV screens of the school (at the school cafeteria, at the teachers' room and at the school library) about the different activities undertaken during the meeting in Antalya.



Ready For Our Lives Film running on AEAH TV screen (at the school cafeteria)

Displaying materials

Two glass cabinets were located next to the placard of **Ready for Our Lives** in order to display some of the products /materials (one of them) related with previous Comenius projects the school was engaged in. The other one is aimed to display every object/ material that was /is/will be produced or dealt throughout the three years of the Erasmus + partnership.



Display of AEAH 'projects memories'

Students' testimonies of Antalya

The students who participated in the meeting in Antalya gave their testimony on their experience:

"Hi am Simran from Portugal. My experience of visiting Turkey was absolutely amazing, I loved the people, the weather, culture and of course the food which I identified a lot with because am used to eating spicy food too.

The organization for our activities along the week were pretty good. My favourite was the national cuisine day (Yuummm). And I found interesting the workshop on job interview where we all had to play a role. I cannot miss out the boat trip which was perfect.

My host family was adorable I loved Gozde's grandmother she spoke with me in Turkish as I was understanding her and she was always hugging me, making me feel one of her family members. When they came to pick me up at the hotel, straight away Gozde's family hugged me which made me feel special. The first Turkish song I heard was (topal) and by the end of the week I knew how to sing the song correctly.

People only get these kind of chances once in their lives - to go out of their country, live with complete strange people for a week and then when they return, they are a part of their family. Thanks to my English teacher Graça Guimarães and to our headmaster Manuel Lima who gave me the chance to experience such a wonderful week with all of you. School these days is not just for us to wake up every morning and attending classes but also to have opportunities to participate in projects and expand our knowledge to other cultures, too.

Hope to see you all soon."

SimmySaini, (Indian),Portugal

"Our trip to Turkey was probably the best one until now, we have the privilege to meet new and fantastic people, and learn a lot about the country and their culture, we learned how to respect people different in some way from us, and be able to love them equally! Relatively to the activities, the experience was great! We, students got the chance to deep our knowledge about Job interviews, CVs and entrepreneurship. This one because of the companies we visited. I think I will keep forever everyone and everything from this Meeting."

Francisca Marques, Portugal

"This partnership is called "Ready For Our Lives". What can I say? Well, it was a great experience. It was a unique opportunity to meet new people, a new culture, a different mentality from ours, a whole new "world". That couldn't be more positive! If at the time of landing in Antalya and meeting my host family, I had butterflies in my stomach, when leaving time arrived, seven days after, I felt so sad that I hardly could hold tears from falling down. How does a week go by so fast and at the same time does it bring so many good things? Through the opportunity given to me I was able to use English for communicating in a natural way, to practise job interviews, and to get some knowledge about entrepreneurial world. In one word: I improved my personal and academic horizons".

Irina Silva, Portugal

"I will never forget the wonderful opportunity I had when I participated in the meeting in Antalya. I learned with everyone, we shared ideas, we role played job interviews, we worked in groups, we made and saw presentations, we visited companies, in a word: I grew a little more as a person. Thanks to the family that hosted me and to everyone that made my stay in Antalya a very good experience."

NeuzaPires. Portugal

Meeting evaluation

Students and teachers participating in the 2nd meeting (Antalya) completed about it their evaluations online.

Starting a business project: Enterprise without borders

Some 12th graders students (4) under the supervision and orientation of their teacher, Ana Ferreira, and in the field of the subject, presented to a large public at Qualifica- EXPONOR their mini company – ***Eye on Foot***.

This is the description of the ***Eye on Foot*** Enterprise

"We are a mini-company, with an innovative idea that promises to revolutionize the life of a group of people with different needs, the blind. There is no product equal to ours, making it the only and exclusive in the market. Imagine a little , simple , comfortable device in your feet that could change the life of every blind person . That's our product . Something to make your foot your eye on the world .Walking towardsthe future...."



Presenting the mini-company *Eye on Foot* at Qualifica–Exponor

Research on Bossing in our country

During the first week of June 1st graders students started undertaking a research on the topic of bossing in the National Press. Afterwards they will compare their findings with what is referred in the Labour Code (article 2⁹). Their research will be presented at the third meeting in Slovenia.

Launching a business plan

With the beginning of the school year (middle September) students will launch with the help of some of their teachers a business plan to help them to start up a company.

As a preparation to the referred activity, different aged groups have already answered a Business Development Questionnaire. The students going to Slovenia will collect/ analyse the answers. Then they will present the results in a PowerPoint, which will be taken to the 3rd meeting.

We all are eager to meet our friends next October in Slovenia!



Who we are:

Headmistress: Violeta Liutkienė

Teachers: Gitana Kaupienė, Laima Janonienė, Agnė Bačiauskienė,
Rasa Jėckienė

Students: Birutė Jankauskaitė, Orinta Varnauskaitė, Joris
Vancevičius



Our activities:

- We carried out the questionnaire on starting a firm and making a business plan prepared by the Latvian school. We discussed and prepared the presentation.
- We visited Youth Job Center and discussed about starting a firm and making a business plan.
- We had a debate on the matter of bossing at school.
- We visited "Lifosa" factory in Kėdainiai.

<http://www.sviesioji.lt/projektai.php>



We appreciate everything you've done for us! It was our first time taking part in Erasmus+KA2 project and we enjoyed every second of it. We loved staying in Antalya, in our family's cozy homes, spending time with Adalya school members, people from other countries and with our host families. We appreciate giving us an opportunity to see all the beautiful places of Antalya, for letting us explore new and interesting things. We made many new friends and we'll surely communicate and interact with them in the future. Finally, we want to thank you again for allowing us to participate in this project! We hope to see you again soon in Lithuania!

Žyginta, Ugnė and Karolis

Youth Job Center

Our team visited Kedainiai Youth Job Center on May 17th. Birute, Orinta and Jorishad an efficient discussion on starting a firm and making a business plan with JurgitaLiutkeviciene, representative of the center.

Jurgita explained the most important steps for making a business plan. Besides, she stated common mistakes made in a novice business world. We had the chance to analyze the proper example of the business plan. Finally, she gave a short quiz for students at the end of our discussion.

Jurgita showed the useful links for those who prefer to start the firm. She emphasized the services for self-employment. The labour exchange provides all the necessary information. It can subsidise employment and job creation or support for self-employment.

Youth job center organize informative events and practical trainings how to be motivated in searching a job and promote entrepreneurship.

Business world is very complicated for those who are not prepared. On the other hand, the combination of strong character features, knowledge and the proper help of local authorities is a good start for any business.



“Lifosa” factory

Our team visited “Lifosa” factory on June 2nd and continued preparation for the presentations and discussions on the project topics.

Joint-stock company "Lifosa" is situated in Kėdainiai. The basic product manufactured at AB "Lifosa" is the nitrogen-phosphorus fertilizer Diammonium Phosphate (DAP), the process of which requires phosphoric acid and sulphuric acid, which are also produced at the Company. Fluorine, the by-product of phosphoric acid process, is further utilized and reprocessed into Aluminium Fluoride. Feed additives, such as Monocalcium Phosphate, are produced from phosphoric acid.

Lifosa’s Open Days attracted more than 600 interested residents of Kėdainiai. Just like every year, the event attracted many interested people. The event, which lasted two days, attracted families, employees of other companies, the elderly and pupils of our team

During the open day visitors could see the company museum, participate in a tour of the manufacturing facilities, visit the laboratory and fertiliser warehouse, and walk over the phosphogypsum mountains. All those wishing to visit “Lifosa” situated outside the city could take the buses specially rented by the company.



Phosphogypsummountains



Our School: I.I.S. ' Alessandro Volta' - Nicosia

Who we are:

Headmaster: Felice LIPARI

Teachers: Maria Filippa LA PORTA, Maria LA LICATA, Antonino CATANIA, Francesco RANDISI, Giuseppe LI VOLSI, Tiziana LA VECCHIA, Marianna Di LEONFORTE, Antonina ZITO.

Students: Maria Stefania RUBINO, Martina BERITELLI, Simone MONTESANO, Ilenia SANFILIPPO, Matteo CALDARERI, Sabrina GRANATA, Veronica MIRENDA, Antonino ANELLO, Luigi PROIETTO, Benito CALI', Simone MONTESANO, Michela RIZZONE, Irene CAROSIA, Antonino SCAVUZZO.

Our activities:

Our experience in Antalya was very exciting and rich in activities that our students will never forget.

After coming back we carried out the usual dissemination practices in our and other schools using not just the newspapers, the school website, the facebook school page but also a radio programme which was very good for the shiest students so the information reached lots of people in Nicosia and in other nearby towns.



<p>Materiali didattici Libri di testo Attività extra scolastiche Progetti Galleria foto</p> <p>Informazioni</p> <p>Home Ufficio Relazioni con il Pubblico Note Legali Privacy Elenco Siti tematici Amministrazione Trasparente</p>	<p>Si è svolta in fascia, la seconda tappa internazionale del progetto Erasmus Plus 'Ready for our Lives', che coinvolge gli studenti ed i docenti dell'istituto tecnico Volta. È stata la capitale del Turismo, la città di Antalya, in Turchia, circondata da molte rovine greche e romane ad ospitare gli studenti Antonino Anello, IV B Alm, Sabrina Granata III A Alm, Felicia Lisari III B Alm e Pamela Costicchio IV A Alm, accompagnati dalle docenti Maria Filippa La Porta e Maria La Licata, assieme a studenti e docenti provenienti dalle nazioni partner Slovenia, Portogallo, Lituania, Lettonia e Repubblica Ceca, dall'Ocei Adalya Atadolu Lisari nel distretto di Kepez. Diverse le attività che hanno coinvolto in team internazionali gli studenti</p>	<p>Ultime circolari</p> <p>Collegio di fine anno (differimento data di svolgimento)</p> <p>Collegio dei Docenti, Circolare n. 184 dell'8 giugno 2016 (differimento data di svolgimento). Data: martedì 21 giugno 2016 ore 11,30.</p> <p>Circolare n. 110 del 15 marzo 2016</p> <p>Circolare n. 110 del 15/03/2016 e Convocazione</p>
<p>e venne ripulito dalle erbacce, fare il porridibile ulteriori aiuti rettili che, senza l'intervento e, si sta già registrando. A causa</p>	<p>morte, le seconde causa di patologie polmonari. Il problema dei serpenti, però adesso sta diventando emergenza perché alcune famiglie hanno già cominciato a ritrovarsi in casa, nascosti sotto i mobili negli sgabuzzini o nelle cantine. Gli abitanti spargono di lenore che si ripeta quanto accaduto la scorsa estate, quando malgrado il caldo erano costretti a tenere</p>	<p>mentricabile la scalata notturna del monte Olympus dove arde la fiamma eterna chiamata chimera". Per Sabrina Granata l'accoglienza nelle famiglie è stata eccezionale. "Non sapemmo in quale modo manifestare che</p>

In the first half of May we had a meeting with Miss Francesca Scardino a very competent psychologist who explained the difference between bossing and mobbing, that sort of emotional abuse which creates long-term hostile and humiliating relations at work. She explained that if the hostile and humiliating atmosphere is created by a superior (misusing his/her position), we speak of “bossing”. If the source of abuse is a co-worker the situation is called “mobbing. She also listed all the signs of bossing, such as: unjustified unequal treatment; imposing arbitrary sanctions; tasks that the employee cannot realistically fulfil or humiliating tasks; social isolation etc. She suggested how to cope situations like these but unfortunately in Italy we don’t have a specific legislation like in the other European countries.



From the 27th of May we started our visits to small companies created by young people who after graduating did not find a job so they decided to start up a business. Two of them were very interesting because they represent a model in the creation of business activities, they told us the importance of writing a business plan that is the document which describes what you plan to do and how you plan to do it, so it contains your business goals, the strategies you’ll use to meet them, potential problems that may confront your business and ways to solve them, the organizational structure and finally the amount of capital required to finance your startup.

The students visited the company ‘La Via Lattea’ (The Milky way) run by a young couple Mario Lo Presti and Josephine Corcione who breed the Girgentana goat, an endangered and very rare breed which produces a smaller fat milk, it means that the size of the fat molecules are smaller than those found in cow’s milk.



They practice permaculture that is an innovative framework for creating sustainable ways of living and a practical method of developing ecologically harmonious, efficient and productive systems. They sell organic products: oat fresh milk, flavoured yogurt and cheese exalting the proprieties and the wide variety of health benefits of this milk which is closer to human mother's milk, it is calcium rich, it is easier to digest and assimilate in the human body, it is ultra-nourishing and helps the Immune system.

On the 15th of June we visited a small business 'The 24 barons' beer' run by two twin brothers Giacomo e Antonio Consentino who after graduating in Business Economics decided to start up a family-owned business specialized in craft brewing. They underlined the importance of writing down a detailed business plan that was necessary to apply for regional funds obtained very soon.



They have been running their business since 2014 and their production of different types of beer is increasing more and more, at present they bottle 1000 litres of beer a week and from our poor Sicilian area they sell to different regions in Italy and abroad.



During these last days of school the students have been working on the business plan questionnaire and now they are working out the results to prepare PPT presentations with graphs and percentages for our next meeting in Slovenia.





Özel Adalya Anadolu Lisesi ANTALYA / TURKEY



Ready For Our Lives

On the first day, we had a great welcome ceremony with a little show followed by our presentations about Özel Adalya Anadolu Lisesi, The Turkish Education System and schools.



Then the partner schools did their presentations on their schools and countries. Finally, each country did their presentations on the topic of job interviews and presented the results of the surveys on the matter of racism.



We finished at the end of a very busy day.



On the second day, in the morning we had a seminar on CV writing which was followed by a workshop on unemployment of young people. In the afternoon, we all paid a visit to the National Newspaper "Hürriyet" which was very informative.



Then we paid a visit to the Mayor of Antalya at city hall. Our guests gave their gifts to mayor.



In the evening we had our National Cuisine Day at school.



On Saturday, we started at 6 o'clock in the morning and took our guests to some historical places like Phaselis, the rock graves of Myra and St. Nicolas' church. At the ancient theatre of Demre we did our first workshop called Colourful World part 1 and continued with role-play activities and discussions on the matter of equal opportunities regardless of race as it had been planned. Finally, we climbed up to Mount Olympus to see the first fire of the Olympic Games.

Sunday was a lazy day compared to last three days. We took our guests on a little city tour in the afternoon.



On Monday, we paid a visit to the Antalya Chamber of Commerce where we were given a seminar on race discrimination and unemployment of young people in Antalya. Followed by the second part of the workshop Colourful World and role-play activities and discussion on the matter of equal opportunities regardless of race.



In the afternoon, we paid a visit to Cantek, a successful commercial refrigerator factory. We finished another very busy day with the evaluation of the carried out activities and the project.



On our last day, in the morning we paid a quick visit to the Antalya Museum.



Then we continued on the evaluation of the project meeting and dissemination of Second Project meeting followed by a presentation of certificates and the farewell ceremony.



Turkish students gave a concert for our guests.

SEE YOU ALL IN KOPER IN OCTOBER, 2016